

## When your foundations are shaking

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### DON'T PANIC

"How shall we sing Jehovah's song in a foreign land?" (Psalm 137:4 A.K.J.V)

It is said that the stress of losing a job for some is higher than that of losing a loved one, divorce or separation. The threat of losing a job is scaring because for most people their whole identity is tied up with their job. They do not know how they can survive without it.

But *"We turn to God for help when our foundations are shaking only to learn that it is God shaking them."*-Charles West. **God sometimes shakes our foundations so that we can find him, or move in a different direction. The key is not to lose hope because God has good plans for us and will uphold us at all times.** *"Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness. Lamentations 3:22-23"*  
Trust him in whatever circumstance and he will walk you through it.

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We must accept finite disappointment, but never lose infinite hope. - Martin Luther King, Jr.

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