

How to cope in an unpleasant workplace

Written by admin

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How to cope in an unpleasant workplace

by Marie Grossett

Peace love and happiness!



"Happiness does not come from doing easy work but from the afterglow of satisfaction that comes after the achievement of a difficult task that demanded our best". Theodore Rubin

"Slaves, obey your earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ..." Ephesians 6:5

It's Monday morning the alarm goes off; it's that time again to get up to go to work. You slowly wake up, sluggishly get out of the bed unenthusiastic about going to a job that you dislike, but those bills need to be paid and the family needs looking after. If you love your job then that's great you'll be excited about getting up in the morning. But if you were like me getting up to a job you're not passionate about, and where the management aren't friendly this can be an unpleasant situation. I know I've been there.

I use to work in customer services at my local council. To me every day getting up was a chore. Don't get me wrong I was grateful to God that he gave me a job, but in all honesty I didn't like it. It wasn't my passion to hear people complaining and having self pity, it wasn't my passion to work for people who didn't even give me the time of day only speaking to me if they needed something done. So how did I cope?

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Ephesians 6:5 'Slaves, obey your earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ. Obey them not only to win their favour when their eye is on you, but like slaves of Christ, doing the will of God from your heart. Serve wholeheartedly, as if you were serving the Lord not men, because you know that the Lord will reward everyone for whatever good he does, whether he is slave or free.'

Every morning before I'd go to work I would have to read that scripture. I had to remind myself that I needed to do the job I was given to the best of my ability, I'm there as a servant of the Lord to be a light in the darkness. All I had to do was just be obedient, get on with my work and be polite to everybody even if they were not polite to me.

Once I started doing that, I stopped moaning about the fact I had to get up to 'go to this place,' as I use to say and just got on with it, I began to feel much happier going to work.

Sometimes as Christians we forget it's not about us it's about God. He put us in our workplace for a reason, maybe we suppose to meet somebody for a particular season, maybe we need to witness to a particular person, whatever it is you are there for God's purpose not your own.

If you really want to leave your job and find something better pray that God would give you something else, but in the meantime do the job you're in wholeheartedly. Remember you are there for Christ and to be an ambassador for him. I know it's hard finding the motivation to do something that you're not passionate about, but you can do all things through Christ that strengthens you.

Next time you get up to go to work rather than moan say 'Lord thank you for this job, give me the strength and the enthusiasm to do this job to the best of my ability. Lead me to someone that I could encourage or witness to today as Lord I'm in this place for a time and a season, for your purpose, it's all about you Lord and not about me for I am a mere servant called to do your work.'

Remember there are some people out there wishing they had a job. Let's not take for granted what we have, as God sees how we handle the small things first before he gives us the bigger things.

May God bless you this day and thank you for reading the article.

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