

1.

[LIVING READY](#)

By Taylor Cummings

I've begged God to make this person into the man I need, but it isn't happening, and I'm realizing it's time to let go. It's time to press through the momentary pain so that I can experience a life that will bless God and make a difference for His Kingdom. [Read More](#)

2. [Guilty As Charged](#)

By Grace Tom-Lawyer

With so many ill-effects why do we still engage in gossip? First of all, it is pleasurable. Something about human nature wants to know all that is not well with the Joneses. This may be linked to jealousy. Resentment and unforgiveness often serve as baits for gossip. [Read More](#)

3. [Love and Judgment](#)

By Don Pedal

We need to judge or correct others in a spirit of love, compassion and humility. We should avoid self righteousness, and insensitivity to other people's needs and circumstances. [Read More](#)

4.

[Our Hunger For Love](#)

By Krystle Foster

"What the world needs now is love" isn't just a popular song. God created in us a hunger for love. But the problem is that we look for love in all the wrong places. [Read More](#)

5.

[It is Never too Dark for the Lord](#)

Are you disappointed with the lack of love and appreciation during special occasions? One friend will not let you down. "Throw back the shoulders, let the heart sing, let the eyes flash, let the mind be lifted up, look upward ..."

[Read More](#)

6.

[Freedom from Insecurity and People-Pleasing](#)

By Stephanie Reck

At the core of people pleasing is insecurity. We can be insecure for a number of reasons and can have roots stemming back from our childhood. Learn to be independent and a God-Pleaser

[Read More](#)

7.

The 10 Commandments Of Finding True Love

By Pastor QT Nyathi

Instructions to guide you towards an enduring relationship. [Read More](#)

8.

Unrequited Love

by Rev. Brian Mathis

Does who or what you love build you up or destroy you? Do you find yourself yearning for the attention of those who really despise you? [Read More](#)

9.

How To Mend A Broken Heart

by Henrietta Elegunde

Consider these 14 tips to mend your heart. If you don't learn to control your emotions, they will control you. They will control your mood, decisions, actions, habits, behavior, mentality, mindset and well being. [Read More](#)

10.

Are you being led by God or your Emotions?

By Stephanie Reck

Are you being led to do something because God put in in your heart or do you feel you

should be do it, and feel guilt, shame and fear if you don't? [Read More](#)

11. [Broken Trust](#)

by Tesh Njokanma

Have you been deeply hurt by someone and you are finding it hard to forgive? The incident may have happened recently or some time ago and you are still bitter. Read more to discover why you need to forgive and let go. [Read More](#)

12.

[The Testing of Your Love](#)

by Tesh Njokanma

It's so easy to say the words "I LOVE YOU". But to truly love, that's a different ball game. [Read More](#)

13. [Christian Relationship Help: Four Ways to Prevent Escalating an Argument](#) by Karla Downing

When someone starts an argument, the most common thing people do is to respond in ways that escalate the situation. Proverbs 15:1 says, "A gentle answer turns away wrath, but a harsh word stirs up anger" (NIV). Here are four ways you can put that advice into action and prevent escalating the argument... [Read More](#)

14.

[Should We Forgive Those Who Are Unrepentant? Some Thoughts](#) by Max Aplin

We can think of two types of forgiveness: (1) relinquishing bitterness towards the sinner; (2) letting go of the sin in such a way that we see no obstacle towards a free and clear relationship with the sinner. [Read more](#)

15.

[Christian Relationship Help: How To Deal With A Narcissist](#)

by Karla Downing

Because narcissists refuse to make room for your needs in a relationship, you have to work hard at maintaining your "self." If you don't, you will lose yourself and the relationship will be destructive to you. [Read More](#)

16.

[Christian Relationship Help: What to Do With Five Common Alcoholic Dilemmas](#)

by Karla Downing

This Christian relationship help will tell you what to do with five common alcoholic dilemmas. When someone you care about drinks, you naturally want to make him/her stop. Drinking isn't good for the person or your relationship. People who care about a drinker can get too caught up in rescuing, fixing, or controlling the problem and in doing so lose the ability to make wise choices for their own lives. [Read More](#)

17.

[Christian Relationship Help: Five Characteristics of a Narcissist](#)

by Karla Downing

Relationships & Friendships

Written by admin

Wednesday, 29 June 2011 13:25 - Last Updated Thursday, 06 November 2014 06:30

Jesus was constantly aware of what was in the heart of the people he dealt with. He knew when people were willing to hurt him, when people were insincere, when people were manipulating him, and when people were pretending. You need to know who you are dealing with so you can respond in a way that is wise [Read More](#)

18. [The Secret to Healing a Troubled Relationship](#)

By Ngozi Nwoke

What have you done to heal that troubled relationship? Relationships sometimes have turbulent seasons but what you do determines the effect of these seasons on you and the relationships. [Read More](#).

19. [Forgive Yourself: God Wants You to Let Go of Your Past and Live Your Life](#)

by Karla Downing

Many people have more trouble forgiving themselves than other people. It can be especially hard when the consequences of your actions have hurt others and there is no way to remove them. King David gave us a beautiful example of letting go of our mistakes.

[Read More](#)

20. [Codependent Christians](#) By Toni Babcock

Do you find yourself chained to the fear or the favor of man? Have you accepted Christ as your righteousness, but still feel inadequate in the eyes of others? Is it easier to play the martyr than be forthright when the stakes are high? These questions might be painful to confront, but if it sounds strangely familiar, consider the fact that you may be living as a "codependent Christian". [Read More](#)

21. [Christian Dating: Be Equally Yoked in Five Areas](#) *by Karla Downing*

Being equally yoked has to do with being compatible and like-minded. It is wise to be equally yoked in these five areas... [Read More](#)

22. [Who is Your Friend?](#) *By Olawale Ogunsola*

Micah 7:5 states, "Trust ye not in a friend, put ye not confidence in a guide: keep the doors of thy mouth from her that lieth in thy bosom." What then can you do because you must have a friend to live a meaningful and successful life?

[Read More](#)

23. [Christian Friendship: Five Things You Simply Must Do To End Loneliness](#) *by Karla*

Downing

Feeling lonely is indeed a reminder that one is at a disadvantage being alone. If you are struggling with being alone, there are five things you simply must do to end loneliness... [Read More](#)

24. [Christian Friendship: Four Myths About Loneliness](#) *by Karla Downing*

It isn't good to be alone, but it is also unnecessary when it is because you believe these four myths about loneliness... [Read More](#)

25. [Christian Relationship Help: Five Keys to Overcome Jealousy](#) *by Karla Downing*

Are you looking for Christian relationship help to overcome jealousy? Proverbs 27:4 says: "Anger is cruel and fury overwhelming, but who can stand before jealousy?" [Read More](#)

26. [Christian Marriage Help: How Do You Respect Your Husband When He Does Things You Don't Respect?](#) *by Karla Downing*

Are you looking for Christian marriage help to understand the biblical teaching to respect your husband (Ephesians 5:33)? Here are some questions behind the question: How do you respect your husband when he does things that are unacceptable, wrong, or harmful? [Read More](#)

27. [Forgiveness: Five Christian Misunderstandings About Forgiveness](#) *by Karla Downing*

Forgiveness is an important part of the teachings in the Christian faith. However, there are five common Christian misunderstandings about forgiveness that result in people misapplying it to their relationships. [Read More](#)

28. [Abusive Relationships: Changing Your Victim Mentality](#) *by Karla Downing*

Abusive relationships challenge our ability to take care of ourselves and leave us feeling victimized. It is important that you work on changing your victim mentality. Many of us complain that we are victims in our relationships. By claiming we are victims, we are giving up

our power to do something different. We are a victim when we are truly powerless and without options. Children are victims because they have aren't able to care for themselves by virtue of their age and the fact that they are under the control of their parents. As adults, we can be in toxic relationships with abuse, control, mistreatment, and misery, but are we truly victims? [Read More](#)

29. [9 Dysfunctional Family Maneuvers](#) By Karla Downing

Dysfunctional family maneuvers allow the family to deal with their emotions and anxiety without having to face the truth about what is really going on. Dysfunction entered families when sin entered the human race in the Garden of Eden. Adam and Eve's "first family" experienced dissension, the murder of one son, the banishment of another son, and more. [Read More](#)

30. [The Psalm That Helped Me Through My Heart Break](#)

by Ifeoma Dennis

Not everyone can stand to watch someone they once loved (and probably still have some feelings for) get married to someone else. [Read More](#)

31. [Christian Relationship Help - Speaking The Truth Even When Others Disagree](#)

by Karla Downing

One of the misconceptions we have is thinking that we have to get the other person to agree with our truth. This keeps us in a place where we are stuck and unable to move on when the person doesn't agree with us. We react by arguing, nagging, threatening, lecturing, and re-explaining. [Read More](#)

32. [What is a True Friend](#) by Frank King

Who wants a friend you have to live your life trying to please? That would require you to lose yourself in the process. Unfortunately, many people have those kinds of "friends." A true friend is a person with whom you can be comfortable, as opposed to intimidated, being yourself. [Read More](#)

33.

[Relationship Red Flags - What Not to Overlook, Excuse, Or Deny](#)

By Karla Downing

These 9 Relationship Red Flags have the potential of being overlooked, excused, or denied. All are reasons to stop, look, and listen to what is going on and carefully consider the relationship [Read More](#)

34. [Building Relationships](#) *By Beatrice Ofwona*

God encourages us to build relations with one another. It is in fellowships that His might is manifest. Forgiveness is key for relationships to thrive. [Read More](#)

35. [The Importance of Women Friendships](#) - *by Mary Isaacs*

Science has confirmed that our friends are essential to our well being; physically, emotionally, and spiritually. [Read more....](#)

36. [What is the most Essential Factor for a Healthy Relationship?](#) By Greg Baker

What would be the most important ingredient to any healthy, successful relationship? Would it be love? Trust? Attraction? Or something else? This article explains the one factor, the one ingredient that is required for any relationship to be healthy and successful. [Read more..](#)

37. [How to Maintain Realistic Expectations Within Your Relationships](#) By Greg Baker

Everyone enters a relationship with expectations. There is just no getting around this. Our own nature and desires form our ideas of what a good marriage means, what a friend ought to be, and even how children and parents ought to interact with each other. This article details a means of forming realistic expectations in any relationship. [Read more](#)

38. [How Rejection Causes Depression And Social Anxiety.](#) By Greg Baker

Rejection is one of the main causes of depression and social anxiety. Understanding why may help you combat and even overcome some of your depression and social anxieties. [Read](#)

[more...](#)

39. [When To Be Blunt And When To Be Tactful](#) By Greg Baker

Sometimes your bluntness just gets you into more trouble. Sometimes, your tactfulness doesn't seem to convey the magnitude of the situation or of your feelings. So when should you do either? This article contains guiding, helpful principles for both. [Read more](#)

40. [Friends in Pain: How to help your hurting loved one.](#) By Jennifer Brost

With the Spirit's leading and a hearty dose of sensitivity, there isn't a reason why anyone should have to mourn alone. [Read more..](#)

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