

The Right Number of Times to Pray

Written by admin

Wednesday, 17 July 2013 05:50 -

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Our Father which art in heaven, hallowed be thy name: thy kingdom come: thy will be done in earth as it is in heaven: give us this day our daily bread: and forgive us our debts, as we forgive our debtors: and lead us not into temptation, but deliver us from evil: for thine is the kingdom, and the power, and the glory, for ever. Amen.

***"Pray without ceasing; give thanks in all circumstances; for this is the will of God in Christ Jesus for you.
(1 Thessalonians 5:17-18)"***

Some religions have rules on how many times one should pray. David, as per his Jewish faith prayed faithfully three times a day. *"Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before.*

" (Daniel 6:10)

. He said in Psalm 55:17,

"Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice."

Jesus showed his disciples how to pray sincerely and earnestly to God. He even gave us the model prayer; "The Lord's prayer". (Matthew 6:9–13, Luke 11:2–4). He taught that we should pray for others, even those who wrong us, *"But I tell you, love your enemies and pray for those who persecute you" (Matthew 5:44).*

Paul teaches us to pray at all times and in every circumstance, *"Pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.*

(1 Thessalonians 5:17-18.

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When I was a child, I was told to pray 100 times a day. But now I know that's not the right number of times to pray. I've learned that the right number of times to pray is 1. And that's because when I pray, I'm talking to God. And God is always listening. So I don't need to pray 100 times a day. I just need to pray 1 time a day. And that's the right number of times to pray.