



1.

[The Twelve Declarations of Christmas](#)

by Alan Allegra

there were many declarations of the birth of Christ in the Bible, most surrounding his birth in the New Testament, plainly proclaiming the true love of God in giving the greatest gift, His Son Jesus. We will highlight an even dozen. [Read More](#)

2.

[Dealing With Christmas Stress](#)

by Greg Baker

Making Christmas more about the time you spend with your family than the gifts you give them is going to help you reduce your stress tremendously. Injecting real purpose and meaning into Christmas is also going to help shift the emphasis from a greed and selfish perspective to that of cheer, family, and Jesus Christ. [Read More](#)

3.

[STRESS MANAGEMENT GIFTS](#)

by Miriam Kinai

When shopping for gifts for someone who is stressed, consider giving them gifts that will help them relax. Examples of stress relief gifts include: Christian Meditation C.D.s, Comedy C.D.s, A Beautiful Journal, Aromatherapy Bath and Body Products, Scented Candles, etc.

[Read More](#)

4. [Dysfunctional Family Christmas: 6 Tips for Making the Holidays Functional](#)

by Karla Downing

It may be division in your family, a difficult relative you hate to be around, crazy-making dynamics, aloneness, or reminders of loss. Whatever it is, the holidays tend to increase the sadness and stress associated with it.

Here are 6 tips you can use to help you with whatever relational stress you may be dealing with. [Read More](#)

5. [Give the Precious Gift of Encouragement to Others This Season](#)

By Wangari Murathe

Put a spring in their step this holiday season. Spread the Christmas cheer. Become an Elizabeth to Mary, a Barnabas to Paul and Mark, and a Paul to Timothy and the early churches. [Read More.](#)

6. [After Christmas - What next?](#) By Beatrice Ofwona

Every Christmas comes with its own issues and struggles but the original message about the birth of a Saviour for our world does not change because it is to him we owe all these celebrations and a second chance at life. It is to him we allocate the favor that we have been accorded as saints.... [Read More](#)

7. [The Joy Of Christmas](#) By Mary Isaacs

For a Christian, Christmas should be celebrated with its real meaning in mind. True Christian joy is in celebrating the birth of the Lord Jesus and the salvation availed to mankind as a result. [Read more](#)

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