

## GOTTA DO IT ALL

Written by admin

Tuesday, 05 February 2013 12:01 - Last Updated Tuesday, 05 February 2013 12:42

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*by Karen Anderson*



### ***Others are too slow!***

I can't let up, gotta get it done, gotta get it done. There is no one that can do it like I can. Everyone else is just so slow. It's better that I do it myself, that way I know it will be done right. GOTTA DO IT ALL!!! Do you find yourself in that type of frenzy and worry?

I know I would get so frustrated because I spent too much of my time trying to teach someone else how to do the job that needed completion. Then, through no wrong doing on their part, I would get angry because they were working way too slow to my liking, and it never was exactly right. It felt like, "What's the use of having help? I could do it better myself", even though I had no time. It drove me crazy to watch them slowly hunt and peck their way through the typing. I'm a touch typist; why can't they type as well as I do or better? The results of my attitude was that my life was filled with being overwhelmed, which stopped me from getting anything done. I would sit here and complain about everything in front of me. I knew I needed help, but didn't trust that anyone was as efficient as I was. Why couldn't I get out of my own way? This affected not only my business, but my personal stuff as well. For a short time I had a housekeeper, and I knew in my head she was really good. Knowing this was not good enough; I think having someone else do my work made me feel out of control. I always tried to be appreciative but inside I was fuming, even when the job was well done. Nothing was ever good enough. I was my own worst enemy, a micro-manager.

I have finally come to realize that my biggest problem was I didn't really trust God to help me with this wrong attitude. His Word says, "Hear me, LORD, and answer me, for I am poor and needy. Guard my life, for I am faithful to You; save your servant who trusts in You. You are

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my God; have mercy on me, Lord, for I call to You all day long." Understand something first; I have to give my attitude over to God every day. Once in a while the enemy will bring that anxious, controlling thought back again. This is an ongoing struggle for me, to continue to turn the responsibilities over to Him. This has been a problem for me for many years, so I need to still be reminded from God's Word, again, which says, "*The LORD is my strength and my shield; my heart trusts in Him, and He helps me. My heart leaps for joy, and with my song I praise Him.*"

He has since helped me to have the ability to release and delegate the work; but the biggest issue for me is to trust that person helping me will take care of it. What a relief to my emotions and spirit to rest in God's arms. I have many times almost made myself sick from this micro-manager attitude. Believe me, it is not worth it. If you are a micro-manager LET IT GO! Trust God; He will help you if you really want Him to. Micro-managing all Creation is His specialty!

BIBLE PASSAGES: Psalm 86:1-3 (NIV) Psalm 28:7 (NIV)

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